
Beating Baldness Protocol

The Re-Ignite Program

By Sam Guest

IMPORTANT: Where a link is given in this document it is to help you identify what it is you're looking for, do not feel obliged to buy these particular products.

Anything ordered from Amrita use the Code M9HCFA to get a 10% discount

This is a fairly easy thing to treat quite effectively.

1. 10-15 minutes of red light on the affected area 3 x per week. This is the foundation it makes everything else easier.
2. Topical progesterone cream.
3. Topical finasteride/minoxidil cream.
4. Derma roll with AHK-cu. This is a peptide and may be more difficult to find dependant on where you live, speak to your coach if you are struggling.
5. Use a caffeine shampoo.
6. Get a Platelet Rich Plasma (PRP) shot 2x a year.